



Volunteers are needed to pack and/or deliver meals between 9 a.m. and 12 p.m., Monday through Friday. Meal distribution sites are located at:

Senior Resources main office:

2817 Millwood Ave., Columbia, SC 29205

Packing hours are 8:30-10:30 a.m. Pickup for delivery is from 10:45 a.m.-12 p.m.

Westminster Presbyterian Church

1715 Broad River Rd., Columbia, SC 29210

Packing hours are 9-10:00 a.m. Pickup for delivery is 10:45 a.m.-12 p.m.

Spring Valley Presbyterian Church

125 Sparkleberry Lane, Columbia, SC 29229

Packing hours are 9-10:00 a.m. Pickup for delivery is 10:45 a.m.-12 p.m.

We welcome one-time volunteers, volunteers who want to deliver on a weekly or monthly basis, and families who want to volunteer together. Substitute delivery volunteers are also needed to replace regular volunteers.

Local businesses are also welcome to "adopt" a delivery route to share among employees, or to organize a one-day delivery "blitz" to provide a break to our regular volunteers.

If you have any questions or would like more information, call 803-252-7734 x229 or volunteer@seniorresourcesinc.org.

Volunteer Today!